

SPEAK L!VER



ASK YOUR DOCTOR: COULD I BE AT RISK FOR MASH?

Know the right questions to get the conversation started

This discussion guide provides some questions you can ask your health care professional (HCP) about risk factors and screening opportunities for an advanced form of fatty liver disease—MASH (metabolic dysfunction–associated steatohepatitis). Get the answers you need about your liver health.

Screening can expose MASH. Screen so it's seen.



ASK ABOUT RISK FACTORS

Identify any risk factors that could increase your likelihood of developing MASH. Start by asking yourself if you have:

- Type 2 diabetes
- Obesity
- High blood pressure
- High triglycerides (a type of fat)
- Low HDL (good cholesterol)
- Fatty liver

MASH can go undetected, as there may be no symptoms with the disease and even when symptoms are present, they may not clearly indicate MASH. So, if you answered “yes” to any of the above, ask your HCP whether you should be screened for MASH.

Additionally, certain people may also be at higher risk for fatty liver disease, which can progress to MASH, like those of Hispanic or Asian descent with specific genetic factors.



ASK ABOUT SCREENING TODAY

After identifying and discussing any risk factors, ask your HCP about screening for MASH. Use the following questions to get started:

- Have I had a liver screening for MASH before? What were the results?
- Should I be screened for fatty liver disease and/or MASH?
- Has my blood work ever shown sustained elevated liver enzymes?
- What tests and imaging are used to detect MASH?
- Can we calculate or recalculate my FIB-4 score* with recent blood work results?
- What are the next steps needed to evaluate my current liver health?



ASK ABOUT GETTING SCREENED AT FUTURE VISITS

Fatty liver disease can progress to MASH and become more severe over time. Here are some questions you can ask during follow-up visits:

- How can we continue to monitor my liver health over time?
- Does my most recent blood work show sustained elevated liver enzymes?
- How often should my FIB-4 score be recalculated?
- Can I be screened or rescreened for fatty liver disease and/or MASH at my next appointment?
- Considering how certain other conditions can increase the likelihood of MASH, when should we revisit my need to be screened or rescreened?

If your HCP doesn't think you're at risk or need screening for MASH now, continue to check in about your liver health in the future.

**Don't wait for it to potentially progress.
Talk to your doctor about getting screened today.**

**SPEAK UP, SPEAK LOUD,
SPEAK NOW.**

HDL=high-density lipoprotein.

*The FIB-4 (Fibrosis-4) score is often the first test recommended for someone considered to be at risk for MASH. FIB-4 is a calculation used to assess your likelihood of advanced liver scarring, also known as fibrosis.



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